



We are proud and pleased to share our expertise and knowledge with you.  
Contact us today for arrangement.

Tel: 04-8285972 Fax: 04-8293334

[training@sjampenang.org.my](mailto:training@sjampenang.org.my)

## COURSES OFFERED BY ST. JOHN AMBULANCE OF MALAYSIA, STATE OF PENANG

Courses	First Aid at Work Place	First Aid at Work Place
Duration	16 hours	24 hours
Schedule	2 days course ( 3 modules )	3 days course ( 5 modules )
Class Size	20 pax maximum	20 pax maximum
Examination	Theory, Oral, Practical, CPR	Theory, Oral, Practical, CPR
Condition	<ul style="list-style-type: none"> <li>➤ must attend not less than 80% of the instruction sessions</li> <li>➤ Passing mark               <ul style="list-style-type: none"> <li>- Theory: 50%</li> <li>- Skill: Pass or Fail</li> </ul> </li> <li>➤ To pass the exam               <ul style="list-style-type: none"> <li>- must pass the theory test (oral / written ) and the CPR skill test</li> <li>- allow to fail one and only one of the other skill test</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ must attend not less than 80% of the instruction sessions</li> <li>➤ Passing mark               <ul style="list-style-type: none"> <li>- Theory: 50%</li> <li>- Skill: Pass or Fail</li> </ul> </li> <li>➤ To pass the exam               <ul style="list-style-type: none"> <li>- must pass the theory test ( oral / written ) and the CPR skill test</li> <li>- allow to fail one and only one of the other skill test</li> </ul> </li> </ul>
Certification	Certificate will be issued by SJAM National Headquarters. Valid for 3 years.	Certificate will be issued by SJAM National Headquarters. Valid for 3 years
Syllabus	<p style="text-align: center;"><b>Module 1 ( Compulsory )</b></p> <ol style="list-style-type: none"> <li>1. First Aid Priority</li> <li>2. CPR</li> <li>3. Difficulty Breathing</li> <li>4. Loss of Consciousness</li> <li>5. Recording Pulse Rate</li> <li>6. Management of Wounds and Bleeding I</li> <li>7. Management of Internal Bleeding and Shock</li> </ol> <p style="text-align: center;"><b>Module 2 – Injury Emergencies 1</b></p> <ol style="list-style-type: none"> <li>1. Dressings and Bandages</li> <li>2. Management of Wounds and Bleeding II</li> <li>3. Injuries to Soft Tissues</li> </ol> <p style="text-align: center;"><b>Module 3 – Injury Emergencies 2</b></p> <ol style="list-style-type: none"> <li>1. Injuries to Bones I</li> <li>2. Injuries to Bones II</li> <li>3. Injuries to Bones III</li> </ol> <p style="text-align: center;"><b>Module 4- Medical Emergencies, Poisoning, etc</b></p> <ol style="list-style-type: none"> <li>1. Medical Emergencies</li> <li>2. Poisoning</li> <li>3. Eye, Ear and Nose Injuries</li> </ol> <p style="text-align: center;"><b>Module 5 – Burns, Environmental Emergencies, etc.</b></p> <ol style="list-style-type: none"> <li>1. Burns and Scalds</li> <li>2. Environmental Emergencies</li> <li>3. Lifting and Handling of Casualty</li> </ol> <p style="text-align: center;">* Pick another 2 modules out of 4 modules</p>	<p style="text-align: center;"><b>Module 1 ( Compulsory )</b></p> <ol style="list-style-type: none"> <li>1. First Aid Priority</li> <li>2. CPR</li> <li>3. Difficulty Breathing</li> <li>4. Loss of Consciousness</li> <li>5. Recording Pulse Rate</li> <li>6. Management of Wounds and Bleeding I</li> <li>7. Management of Internal Bleeding and Shock</li> </ol> <p style="text-align: center;"><b>Module 2 – Injury Emergencies 1</b></p> <ol style="list-style-type: none"> <li>1. Dressings and Bandages</li> <li>2. Management of Wounds and Bleeding II</li> <li>3. Injuries to Soft Tissues</li> </ol> <p style="text-align: center;"><b>Module 3 – Injury Emergencies 2</b></p> <ol style="list-style-type: none"> <li>1. Injuries to Bones I</li> <li>2. Injuries to Bones II</li> <li>3. Injuries to Bones III</li> </ol> <p style="text-align: center;"><b>Module 4- Medical Emergencies, Poisoning, etc</b></p> <ol style="list-style-type: none"> <li>1. Medical Emergencies</li> <li>2. Poisoning</li> <li>3. Eye, Ear and Nose Injuries</li> </ol> <p style="text-align: center;"><b>Module 5 – Burns, Environmental Emergencies, etc.</b></p> <ol style="list-style-type: none"> <li>1. Burns and Scalds</li> <li>2. Environmental Emergencies</li> <li>3. Lifting and Handling of Casualty</li> </ol>



*We are proud and pleased to share our expertise and knowledge with you.  
Contact us today for arrangement.  
Tel: 04-8285972 Fax: 04-8293334 [training@sjampenang.org.my](mailto:training@sjampenang.org.my)*

## COURSES OFFERED BY ST. JOHN AMBULANCE OF MALAYSIA, STATE OF PENANG

Courses	CPR	Basic First Aid
Duration	7 hours	14 hours
Schedule	1 day course	2 days course
Class Size	20 pax maximum	20 pax maximum
Examination	Theory, Oral, Practical, CPR	Theory, Oral, Practical, CPR
Condition	<ul style="list-style-type: none"> <li>➤ must attend all instruction sessions</li> <li>➤ Passing mark               <ul style="list-style-type: none"> <li>- Theory: 80%</li> <li>- Skill: Pass or Fail</li> </ul> </li> <li>➤ To pass the exam               <ul style="list-style-type: none"> <li>- must pass the theory test and all the skill tests</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>➤ must attend all instruction sessions</li> <li>➤ Passing mark               <ul style="list-style-type: none"> <li>- Theory: 80%</li> <li>- Skill: Pass or Fail</li> </ul> </li> <li>➤ To pass the exam               <ul style="list-style-type: none"> <li>- must pass the theory test and all the skill tests</li> </ul> </li> </ul>
Certification	Certificate will be issued by SJAM National Headquarters. Valid for 3 years.	Certificate will be issued by SJAM National Headquarters. Valid for 3 years.
Syllabus	<p style="text-align: center;"><b>Lectures</b></p> <ol style="list-style-type: none"> <li>1. Why Learn CPR</li> <li>2. Anatomy and Physiology of Heart and Lungs</li> <li>3. Coronary Heart Diseases and Stroke</li> <li>4. Principles of Resuscitation</li> </ol> <p style="text-align: center;"><b>Skills</b></p> <ol style="list-style-type: none"> <li>1. CPR for Adult – One Rescuer</li> <li>2. CPR for Infant</li> <li>3. Choking ( adult )</li> <li>4. Choking ( infant )</li> <li>5. Recovery Position</li> </ol>	<p style="text-align: center;"><b>Module</b></p> <ol style="list-style-type: none"> <li>1. First Aid Priority</li> <li>2. CPR</li> <li>3. Difficulty Breathing</li> <li>4. Loss of Consciousness</li> <li>5. Recording Pulse Rate</li> <li>6. Dressings and Bandage</li> <li>7. Management of Wounds and Bleeding I</li> <li>8. Management of Wounds and Bleeding II</li> <li>9. Management of Internal Bleeding and Shock</li> <li>10. Injuries to Soft Tissues</li> <li>11. Injuries to Bones I</li> <li>12. Injuries to Bones II</li> <li>13. Injuries to Bones III</li> <li>14. Medical Emergencies</li> <li>15. Poisoning</li> <li>16. Eye, Ear and Nose Injuries</li> <li>17. Burns and Scalds</li> <li>18. Miscellaneous</li> <li>19. Lifting and Handling of Casualty</li> </ol>